# The gigaJack Survival Summary

Last Updated: 5/27/2009

We have been slowly preparing since Y2K. In the last 2 years we have done 70% of this list the other 30% were years past.

I always feel that I need to read hundreds of pages in books and pages on pages of forums to get to the "meat and potatoes" of ideas and concepts. I work better from lists with small descriptions next to them. I would be interested in seeing your survival summary. <u>Post them here in this form thread</u>.

## **The gigaJack Survival Summary**

Home

Work

**Bug Out Location** 

**Every Day Carry** 

**Home Security** 

Protection

**Vehicles** 

**Energy & Heat** 

Other Items

Garden

Food

Bug Out Checklist - Still haven't done a dry run...

Skills

#### **Home**

- Minnesota
- 1,800 square feet, 1/4 acre lot, suburbs

## Work

- Commute 25 miles one way
- If there is electricity and Internet connection I can do 99.5% of my work from home.
- 60 Minute Escape Hood
  - Each time the fire alarm goes off I take the fire extinguisher with me. The first time people looked at me a bit funny but the next time I saw 3 other people with them.
- 2 Water Jel Burn Dressing, 4"X16"
- 2 Water Jel Burn Dressing, 4"X4"

## **Bug Out Location**

- Parents double wide manufactured home/cabin in Wisconsin; we plan to shelter in place unless we really need to leave. They don't have any land for gardening and the neighbors are within 50 feet.
  - We have three ways to cross into Wisconsin then there are many paths to the location.
- TODO (later): look into \$20k~ worth of land but we want to pay cash for it.

## **Every Day Carry**

- Me 35 years old 200 lbs., works outside of the house
  - Every Day Carry Equipment
    - Cell phone/Pocket PC
      - I also use it for time, email, contacts, appointments, entertainment/games,

poker timer & password keeper program

- TomTom software with Bluetooth GPS
- SOG Flash II folding knife
  - I use this often and needs sharpening every week or two.
  - This was my first type of knife I started with and figured I would get a better one if I liked carrying it around.
  - I haven't needed to upgrade it, but I could be missing out on better quality knives.
- Surefire Z2 LED Combat Light
  - I use to use the high output light bulb but the battery lasted only 20-30 minutes and now it last 12 hours.
- Ruger LCP & 1 extra magazine in a <u>Mag-packer</u> at work right cargo pocket with <u>Super</u> Fly holster
- <u>Kel-Tec PF-9</u> (not at work) & 1 extra magazine in a <u>Mag-packer</u> front right pocket
- <u>Leatherman Juice S2</u> multi-tool
  - I hardly have to get the toolbox out for quick fixes around the house.
- <u>5.11 Taclite Pro Pants</u>
  - These don't leave wear marks like the regular 5.11 pants.
- <u>5.11 Level I 6" socks</u>
  - If you ever had problems with socks before these will make you happy.
- 5.11 Utili-T Crew undershirt
  - These stay tucked in great and the collar doesn't fold over for a long time.
- Extra magazines for each pistol in my truck
- Danner Striker II GTX Uniform Boots
- Vasque Switchback GTX 7470 Hiking Boots
- My CodeReady plan kept in the truck.
  - I took the customized one they have online and added facial and full body pictures of each family member. Also added a bug out checklist.
- Wife 30 years old 120 lbs., stay at home mom & helps out at the school often
  - Every Day Carry Equipment
    - Cell phone/Pocket PC
      - TomTom software with Bluetooth GPS
    - Surefire G2 LED
    - <u>Kel-Tec P-3AT</u> or <u>Smith & Wesson MP 340</u> (really .38 for her)
    - Leatherman Juice S2 multi-tool
    - Spitfire mace when cannot carry pistol at school.
    - Extra magazines in truck
    - Speed loader in purse for Smith & Wesson MP 340
    - My <u>CodeReady plan</u> kept in the truck. I took the customized one they have online and added facial and full body pictures of each family member. Also added a bug out checklist.
- Child 1 10 years old
  - o Kajeet cell phone with GPS for tracking
- Child 2 8 years old
- 1 dog 70 lbs
- 2 cats
- 1 guinea pig

#### **Home Security**

- All windows armored with anchored security film
  - I installed myself
- Visonic <u>PowerMax+</u> alarm system on all doors windows with 4 pet motion detectors and 4 glass break sensors
  - I installed myself
  - o 2 Carbon Monoxide (CO) Detector
  - TODO (later): buy Flood Detector \$60

- 1 Natural Gas (Methane CH4) Detector
- 4 Medeco M3 deadbolts/handles
  - These locks cannot be <u>bumped</u> or picked and there is only one company that can make duplicate keys for our locks.
- 1 German bred German Shepherd
  - I trained myself
- 2 <u>Chamberlain Wireless Pedestrian & Vehicle Alert System with 2-Way Voice Communication and Remote Control</u> One for the front and back doors.
- 3 100 watt compact fluorescent light bulbs in the front yard on all night
- 1 150 watt motion light in the backyard
- 1 Sentry Safe bolted to the floor joists
  - o TODO (now): put personal records in a large zip lock bag for easy grab-n-go
  - Extra cash
- 1 Stack-On Gun Safe bolted to the wall joists
  - Guns
  - o 1 Hydrosorbent Silica Gel 33 cubic feet
- 1 Royal 150MX Shredder
  - We shred all of our personal mail and also use the shredding for the guinea pig cage.
- TODO (later): buy and install the Mail Boss Locking Security Mailbox \$200
- TODO (next): LED outdoor security cams \$300~
- 1 OnGuard Beast chain and lock to lock up the generator when used outside.

#### **Protection**

- Both adults have conceal and carry permits for Minnesota, Florida & New Hampshire TODO (later):
   North Dakota
- We have a code word that we use when referring to guns that is "cat".
  - We use it like can you go check on the cat when we think this is problem or we need to make sure they are all secured if kids are over.
  - o "Cat Food" is the ammo or magazines.
  - We use it a good bit and no one has ever let on that it is code for something.
    - OK, OK... one neighbor at a poker party, but he thought we were talking about fooling around.
- Our kids have grown up with this knowledge and they have not ever reveled that we have/carry weapons. The rule we have with them is that they can handle the weapons anytime as long as I am there with them. I tell them that if I am at work, I will drive home just so they can handle them. In return they promise never to touch them. Plus, any that are not currently being used are locked up.
- My folks know that we carry and they told my sister and brother-in-law before we told them to please not tell anyone else.
  - o Moral of the story don't tell anyone it WILL get around.
- TODO (next): Fingerprint gun safe by the front door \$265
- 2 <u>Kel-Tec P-3AT</u> Deep concealment during work and also as a backup while carrying larger caliber pistol.
  - These are the version one with the crappy extractor. The ammo was very fussy and I couldn't trust it. Now I use the Ruger LCP.
  - 6 magazines
  - o 210 rounds ammo
  - <u>Laser sights</u> I tried the ArmaLaser on one of the pistols and it worked for a month or two.
     Then it would not shut off without using the master off switch. I switched to the Crimson Trace and have no problems now.
- 1 Ruger LCP
  - I have currently put 250 rounds through it and it had a bit of problems at first with the slide catching and not fulling seating forward. I just gave it a bit of forward assist and it worked itself out after 100 rounds.
  - 4 magazines
  - o 210 rounds ammo TODO (next): buy 100 rounds more \$100

- Laser sights
- Mag-packer
- Super Fly holster
- 1 <u>Kel-Tec PF-9</u> I didn't like the smaller 380 auto caliber so I am trying out the 9mm for not at work carry. It seems to be a trustworthy weapon.
  - 4 magazines
  - o 150 round ammo TODO (next): buy 100 rounds more \$100
  - <u>Laser sights</u> I tried the ArmaLaser RSS but when it was fully on the picatinny rail the battery cover pressed too hard and it either stayed on or didn't turn on. I called ArmaLaser every day for 4 days and they never returned my calls. By the time they returned my call I had already order the Crimson Trace.
  - Mag-packer
- 1 <u>Bushmaster</u> XM15-E2S .223 5.56mm TODO (next): buy extra bolt assembly, but lighting system & other take down pins and such. \$180
  - o 10 30 round magazines I only pack it with 28 so I can tactical reload.
  - 1,500 rounds ammo TODO (later): buy 5 boxes Hornady TAP when I use up the other FMJ's \$125
    - 280 in Honady TAP
  - Maglula M-16/AR-15 LULU
  - <u>EOTech 553.A65BLK</u> sights TODO (next): buy EOTech 557.AR223 sights and EOTech 3X.FTS magnifier \$1,000~
  - Blackhawk single point sling
  - TODO (next): buy 10 30 round MagLevel PMAG \$212
  - 1 Smith & Wesson MP 340
    - Laser sights
    - o 54 rounds of ammo 38 special
    - 53 rounds of ammo 357 magazine
    - Ankle holster
- 1 Mossberg 500 12 gauge Home Defender TODO (later): need light \$200
  - 20 rounds Hornady TAP Personal Defense Ammunition 12 Gauge 2-3/4" 00 Buckshot
  - 30 rounds <u>Federal® Premium Buckshot 00 buck</u> low recoil TODO (later): buy 100 more 20 boxes \$140
  - Cabela's Bandolier Sling 50 shell capacity
  - Bandolier Belt 25 shell capacity
  - 200 rounds of bird shot TODO (later): I never tried to skeet with this shotgun before. If it doesn't work well I might need to get a hunting shotgun or a different barrel \$200~.
- 1 Winchester Model 70 Shadow going to keep this for barter or if guns need to be "turned in".
  - o 20 rounds Winchester 270 WSM
- 1 Marlin Model 925 Micro groove barrel .22
  - 2,400 rounds of ammo different weights and speeds.
  - Nice scope
- TODO (later): buy Crossbow/Bow \$1,000~
- 1 Tactical vest holding 8 30 round AR-15 magazines. The other two are coupled together in the rifle.
  - Sportsman's Stop Bleeding Kit attached to the webbing
  - o ROLLYPOLY® (MM Folding Dump Pouch)
  - Hinged handcuffs & keys
  - o 5 rounds Hornady TAP Personal Defense Ammunition 12 Gauge 2-3/4" 00 Buckshot
  - o CR123 Battery Holder holds 4
- 1 Body armor vest
- 4 Plano Magnum Field Box

#### **Vehicles**

• 2 <u>1998 Chevrolet Suburban K1500 4WD</u> - 14 mpg highway. We have been rear ended 3 times in these vehicles and the only damage were the bumpers were pushed in a bit. The other vehicles where heavily damaged and one was a semi.

- We don't let our gas tanks get below half a tank 22 gallons (most of the time).
- 1 Haynes Repair Manual
- <u>Velcro holster</u> for <u>Kel-Tec PF-9</u> while driving. It was too hard to reach into my pockets while sitting and seat belted.
- 1 <u>Thule Tahoe</u> luggage carrier
  - TODO (later): Buy more, two would actually fit on each truck \$180 each
- Vehicle Kit Wife's truck
  - Small toolkit
    - Husky 45 Piece Stubby Set
    - Husky 3 Piece Cushion Grip Locking Pliers
    - Husky PRO Husky Pro Robowrench Set
    - Husky Stubby Hammer cannot find a link bought at Home Depot
  - o 2 Paper maps we have an extra one in case we have to leave notice of where we are.
  - o 1 Disposable camera for accidents or other incidents
  - 1 Tire pressure gauge
  - o 4 Chemical light sticks
  - o 1 Pennzoil Large Tire fix-a-flat
  - 1 Gas siphon tube
  - o 1 Slime 15 minute Smart Spair
  - o 4 road flares
  - o 1 LED flashlight back of truck
  - 1 LED flashlight glove compartment
  - 1 Ice scraper
  - 3 <u>TravelJohn</u>
  - 1 Fire extinguisher
  - 1 Tarp don't know the size
  - 1 Metal 5 Gallon Gerry Can
    - Flo n' go Maxflo fuel siphon pump This pump sucks (bad)
    - Enviro-Flex
  - o TODO (now): buy extra oil and pet safe antifreeze to put in truck \$50
  - 1 Explorer Pro Comp 330000 3""X30' Towstrap-30,000 This towstrap is a snatch strap. Snatch straps are better for tugging a vehicle out. TODO: buy tow hitch pin
  - TODO (later): buy Hi Lift Jack \$70
- Vehicle Kit My truck
  - o Small toolkit
    - Husky 45 Piece Stubby Set
    - Husky 3 Piece Cushion Grip Locking Pliers
    - Husky PRO Husky Pro Robowrench Set
    - Husky Stubby Hammer cannot find a link bought at Home Depot
  - o 2 Paper maps we have an extra one in case we have to leave notice of where we are.
  - o 1 Disposable camera for accidents or other incidents
  - 1 Tire pressure gauge
  - 1 Slime Tire Plug Kit
  - o 1 Jumper cables
  - o 2 Pennzoil Large Tire fix-a-flat
  - 1 Ice scraper
  - o 4 road flares
  - 4 Tie down straps
  - 1 Towing ball and hitch
  - o 1 Fire extinguisher
  - 1 Metal 5 Gallon Gerry Can
    - Flo n' go Maxflo fuel siphon pump This pump sucks (bad)
    - Enviro-Flex
  - TODO (now): buy extra oil and pet safe antifreeze to put in truck \$50
- Bug out big duffel bag with wheels Wife's truck If we bug out we will load both vehicles with as much of our gear/food as we can.
  - 3 days of MREs Currently eating the ones we have had for 10 years and the still taste fine.

- TODO: buy more MREs
- 1 change of clothes
- o 1 Folding Shovel
- o 3 Deluxe Chow Kit
- o 2 GI Can Opener
- 1 Backpackers Salt and Pepper Shaker
- 1 Lightweight Coleman Nylon Serving Spoon
- o 1 Smith's DFPK Diamond Field Precision Knife Sharpening System
- o 1 Orange Gatorade mix 1 quart
- 1 Citrus Cooler Gatorade mix 1 quart
- 2 Fruit Punch Gatorade mix 1 quart
- o 1 Lemon-Lime Gatorade mix 1 quart
- 1 Sportsman's Stop Bleeding Kit
- 1 MSR Alpine Stowaway Pots
  - 11 servings PowerBar power gel
  - 4 Fishing line, bobber, hook & sinker
  - 1 box of waterproof matches
  - 7 high calorie bars (Cliff, PowerBar)
- Bug out backpack 2 Wife's truck
  - 1 Engineer Lensatic Compass
  - 1 Winchester folding knife The got it free with purchase kind.
  - 1 Brass Match Box
  - o 2 Magnesium Fire Starter
  - 1 Coleman Adventurer Lighter/Compass
  - 1 Repel Sun & Bug Stuff
  - o 1 Color Camo-Compac® Make-Up Kit
  - o 2 Pocket Duct
  - o 3 Solid Fuel hand warmer
  - o 36 Solid Fuel Sticks
  - 1 box of matches
  - 1 box of waterproof matches
  - 2 foot oxygen activated warmers
  - 5 body oxygen activated warmers
  - 1 Coleman Emergency Blanket
  - 1 Survival Candle 36 hour burn time
  - o 80 rounds of Lellier & Bellot .223 FMJ / M193 55 grains
  - o 5 rounds 12 gauge 2 2/4 in 00 Buck Tactical Load 9 Pellets
  - 1 WhisperLite Internationale multi-fuel stove
  - 1 Webber Matchless Flame Lighter
  - o 1 Justin Case Montana: Smart Medic
    - 1 No-Rad package
    - 1 The Pocket Guide To Emergency First Aid
    - 1 Adventure Medical Staple and remover kit
  - 3 change of clothes
  - 100' nylon line
  - 1 Survival, Evasion, and Recovery Field Manual FM 21-76-1
  - 1 Tom Brown's Field Guide book
  - 1 Nols Wilderness First Aid book
  - 1 Orange Gatorade mix 1 quart
  - 1 Citrus Cooler Gatorade mix 1 quart
  - 3 N95 mask
  - 1 S.O.S. Survival Food Packet
  - o 1 Heatsheets Emergency Blanket
  - 1 vinyl poncho
  - 1 Street level map
  - 1 Deluxe Chow Kit
  - 1 Katadyn Hiker Water Microfilter

- o 1 Gerber Back Paxe Axe w/ Ballistic Sheath
- o 1 Butane refill
- 1 Mini sewing kit
- 2 Chemical light sticks
- o 3 Blaze Orange Safety Vest
- TODO (now): put 1 bottle of sleeping pills in truck bug-out-bag
- o TODO (now): put 6 migraine pills in truck bug-out-bag
- o TODO (now): put collapsible pet bowl in truck bug-out-bag
- TODO (now): move 20 rounds 9mm ammo
- 1 Get home backpack with CamelBak My truck (In the winter I keep an empty plastic bottle at work and will fill up if I need to hike it home.)
  - o 1 Blowout kit
  - o 1 Old cell phone that can dial 911
    - I use wax paper to cover where the battery contacts the phone. This extends the standby time from phantom currents that drain the battery. In the phones where the wax paper can be pulled without ripping it I mark it a "Pull". On some of the phones where the paper will rip I use the "No Pull" and a cover will need to be taken off and the paper removed before it can be used.
    - When I change the smoke detector batteries & change our storage water (when daylight savings changes) I check and charge the phone batteries.
  - 1 Extra eye glasses and contacts
  - o 12 CR123 batteries
  - o 20 rounds .380 auto
  - o 20 rounds 9mm ammo
  - 1 5oz silver eagle bar
  - o 1 LED flashlight
  - o 1 First aid kit
    - 3 QuickClot
    - 1 No-Rad package
    - 1 Snakebite kit
    - 1 Tape
    - 3 Alcohol wipes
    - 3 Iodine wipes
    - 3 Ibuprofen
    - 3 Cold tabs
    - 3 Non-Aspirin pain reliever
    - 3 Electrolyte tablets
    - 1 3-IN-1 first aid antibiotic ointment
    - 1 Bug spray
    - 1 Abdominal Pad 5"x9"
    - 20 Band aids
    - 1 Rubber gloves
    - 1 Tweezers
  - 1 box of matches
  - o 1 Magnesium fire starter
  - 1 Coleman Emergency Blanket
  - 1 Blaze Orange Safety Vest
  - 3 3M N100 mask
  - 3 N95 mask
  - 1 Survivair Air Purifying Respirator with 4 P100 filters
  - 3 TravelJohn
  - 1 roll of toilet paper
  - 1 change of clothes
  - 1 vinyl poncho
  - 1 Survival Candle 36 hour burn time
  - 2 foot oxygen activated warmers
  - 4 body oxygen activated warmers

- o 1 Solid Fuel hand warmer
- 12 Solid Fuel Sticks
- o Directions to Wisconsin cabin
- 1 Survival Field Manual FM 21-76
- 1 First Aid For Soldiers Field Manual FM 21-11
- 4 Chemical light sticks
- o 1 S.O.S. Survival Food Packet
- o 1 Coglan's NO. 9850 Survival Kit-In-A-Can
- o 1 Fishing line, bobber, hook & sinker
- o 1 Highgear combination whistle, magnifying glass, compass & LED light
- 1 Potable Aqua Water Purification Tablets with PA Plus
- o 1 Wire saw
- 1 <u>Leatherman Wave</u>
- o 1 Buck Folding Knife The got it free with purchase kind.

# **Energy & Heat**

- In winter we plan to section off part of the house with blankets nailed to the wall in order to heat less of an area.
- 6 5 gallon Metal Gerry Cans
  - Enviro-Flex
- 4 STA-BIL Fuel Stabilizer 32oz bottle
- 1 AMWatt Appliance Load Tester
- 1 Honda EU2000iA generator
  - o 1 Extended Fuel System 6 gallon
  - DC Charging Cord
  - Storage Cover
  - o Parallel Cable In case I get another generator.
  - o With our 2 trucks 44 gallon and gas cans on hand we have 125 gallons of gas
  - The generator can run for 20 days on full output (1 gallon = 4 hours of 1,300 watt- 1,850 watt output). This is needed for the 1,500 watt heater in the winter.
  - o If the output is 400 watts or less the generator will run 26 hours on 1 gallon
- 2 Xantrex XPower Powerpack 1500
  - Used for mainly lighting and small appliances. The 4 converted lamps will run at 12v instead
    of using the 120v converter on the battery packs. There is no loss converting then.
  - We will charge the solar panel during the daytime. Then at night or when the heater is running off the generator we will charge up these packs. One will be used while the other is charging.
- 1 Sunforce 80 watt solar panel
  - 1 Sunforce 50056 Solar Accessory Kit
  - 1 30 amp Digital Charge Controller
- 4 converted 120v lamps to 12v I cut the 120v plug from the lamp wire and attached the 12vDC Car Power Adapters. Then instead of 120v light bulbs I use 12v bulbs.
  - 2 12 volt fluorescent light bulbs 40 watts
  - o 2 12 volt fluorescent light bulbs 25 watts
  - o 1 10 foot 12vDC extension cord
  - 1 3 outlet 12vDC Power Adapter
- TODO (next): buy Kitchen Queen Stove Model 480 loaded have to make due this season with space heaters \$2,835 + \$475 shipping + \$300 install = \$3,610.
  - 4 cords of hardwood will make it most of the winter, I have read.
- 1 DeLonghi 1500 watt sealed oil heater
- 2 Coleman Rugged Battery Powered Lantern (Family Size)
- 1 <u>Kerosene Heater</u> & 10 gallons of <u>Kero-Klean treated</u> kerosene. We will use this as last resort for heat. I don't know how long 10 gallons will last.
  - o 2 spare wicks
- 2 Ridgid 12AWG 50 foot heavy duty extension cords
- 2 Ridgid 12AWG 3-way heavy duty extension cords splitter

- 7,000+ strike anywhere matches
- 12 regular candle
- Batteries
  - o 3 9v's Rechargeable
  - o 20 D's Rechargeable
  - o 10 AA's Rechargeable
  - o 20 C's Rechargeable
  - 20 AAA's Rechargeable
  - o 100 CR123 for flashlights, EOTech sights & home security sensors
- TODO (next): buy STIHL Farm Boss Chainsaw \$450

## Other Items

- 1 Binoculars
- 2 Midland GMRS/FRS Radios These can reach a couple of miles in our city. TODO (later): buy 4 more \$180.
- 1 Wind-up flashlight
- 1 Wind-up shortwave radio
- 1 Hand held scanner
  - Books/magazines on survival/gardening
    - Pro-Knot Cards
    - <u>Countryside</u> magazine I read it and there is some useful information but I don't live in the countryside.
    - J.R.'s Camouflage Series
    - The Pocket Guide To Emergency First Aid
    - <u>Seed Sowing and Saving</u> I use it each season
    - Wilderness Way magazine Straight articles about how to do things.
    - <u>the Backwoodsman</u> magazine Not bad.
    - <u>BackHome</u> magazine OK
    - Hobby Farm Home Not for me
    - <u>Hobby Farm</u> Good
    - <u>Mother Earth News</u> magazine Too many "Green" talk wrapped up in their articles. OK otherwise.
    - Backwoods Home magazine I like this one the best
    - <u>The Vegetable Gardener's Bible</u> I use it each season
    - Square Foot Gardening I will not try this out and will stick with deep and wide rows.
    - Where There Is No Dentist Good book to have on hand
    - Where There Is No Doctor Good book to have on hand
    - Do-It-Yourself Medicine Good book to have on hand
    - The Doctors Book of Home Remedies
    - Patriots: Surviving the Coming Collapse
    - The Worst-Case Scenario Survival Handbook
    - <u>New Complete Guide to Gardening (Better Homes & Gardens)</u> I use the vegetable and fruit sections
    - Gardening When It Counts OK so far. All these books could be summed up in a few pages but they make you read hundred of pages to get at the "meat and potatoes".
    - Emergency Preparedness and Survival Guide Great book
    - When All Hell Breaks Loose
    - Pantry Cooking This is going to be a helpful book
    - TODO (later): buy all the Backwoods Home Anthologies \$270
- Personal computer is cabled to the desk (would need a saw/bolt cutter to steal it). 1 terabyte external hard drive for offsite storage of all personal files (photos, videos, documents)
- 12v Koolatron P75 Kool Kaddy A Thermoelectric Cooler/Warmer
- Plastic film and duct tape for windows
- 1 medium sized animal trap. Caught a stray cat but I couldn't get the rabbits to go inside.
- Fire extinguishers 1 in kitchen and 1 in garage
- Fire Escape Ladder kept upstairs

- Toilet paper 1 years worth stored in the attic
- 180 13 gallon trash bags for use in the toilet bowl (1 per day = 6 months). Dig a big hole and bury it.
- We plan to burn our trash with the fire pit out back.
- Woman sanitary products 1 years worth stored in the attic
- Clothes soap 1 years worth
- Dish soap 1 years worth
- Cat litter 6 months worth
- 2 NOAA Weather Radios 1 in kitchen & 1 in master bedroom
- Antibiotics My folks have another place near the Mexico border and they buy two year supply each year for us. We don't self medicate. They will only be used if directed by a doctor and regular medications cannot be obtained via a pharmacy.
  - Amoxicillin treats many different types of infections caused by bacteria, such as ear infections, bladder infections, pneumonia, gonorrhea, and E. coli or salmonella infection
  - Roxidolin (Doxiciclina/<u>Doxycycline</u>) Anthrax, Bacterial Infection, Bronchitis, Cholera, Common Cold, Lyme Disease, Malaria, Plague, Pneumonia, Skin Infection, Urinary Tract Infection
  - Genoflox (Ciprofloxacino/Ciprofloxacin) Anthrax, Bacterial Infection, Bladder Infection, Bone infection, Bronchitis, Cholera, Infectious Diarrhea, Intraabdominal Infection, Joint Infection, Kidney Infections, Meningitis, Plague, Pneumonia, Salmonella, Sinusitis, Skin Infection, Traveler's Diarrhea, Tuberculosis, Typhoid Fever, Urinary Tract Infection
  - Azitromicina/<u>Azithromycin</u> Bronchitis, Common Cold, Lyme Disease, Pneumonia, Sinusitis, Skin Infection, Tonsillitis, Typhoid Fever
- 30 N95 Moldex masks
- 4 N100 Moldex masks
- 1 Smith's DFPK Diamond Field Precision Knife Sharpening System
- Tools TODO (next): need more hand powered tools \$300
  - Dewalt Heavy-Duty XRP™ 1/2" (13mm) 18V Cordless Drill/Driver Kit Can be used when the power is out and the generator can charge while the heater is running.
  - <u>Dewalt Heavy-Duty XRP™ 18V Cordless Circular Saw Kit</u> Can be used when the power is out and the generator can charge while the heater is running.
  - <u>Dewalt Heavy-Duty XRP™ 18V Cordless Reciprocating Saw Kit</u> Can be used when the power is out and the generator can charge while the heater is running.
  - 6 Dewalt 18V XRP™ Battery Pack
- 1 30" <u>Bolt cutters</u> You never know when you will need them. So far I have only cut wire shelves with them.
- 1 Sledge Hammer with Fiberglass Handle
- 1 Machete
- TODO (next): buy Log Splitter \$20
- TODO (next): buy Splitting Wedge \$15
- 3 4'x8' 1/2" Plywood
- 4 GI Can Opener
- All the tools needed to build structures (playhouse/chicken-coop, interior rooms)
- All the tools needed to work on vehicles. Not specialty tools like wheel pullers.
- 24 Monoflo clear totes We are cramped for space so we pack everything (gear, seasonal & other crap) in these totes where we can maximize vertical space. The basement is full and so is the garage with 20" deep shelve stacked above our heads on the wall and above the trucks.
- 4 Old cell phone that can dial 911
  - I grabbed a bunch of old phone that were going to get rid of after people upgraded. I dialed 911 on each of the phones to see if would work. After the 4 try they were getting upset with me.
  - I use wax paper to cover where the battery contacts the phone. This extends the standby time from phantom currents that drain the battery. In the phones where the wax paper can be pulled without ripping it I mark it a "Pull". On some of the phones where the paper will rip I use the "No Pull" and a cover will need to be taken off and the paper removed before it can be used.
  - o When I change the smoke detector batteries & change our storage water (when daylight

savings changes) I check and charge the phone batteries.

- TODO (later): buy a different portable TV for the upcoming analog to digital switch \$150
- 1 set of Woodland BDU's
- TODO (later): buy a tent Need to research this more \$300
- 2 Water Jel Burn Dressing, 4"X16"
- 2 Water Jel Burn Dressing, 4"X4"
- 500 feet of 550 Parachute Cord
- PEX plumbing repair parts and tools
- 1 Kelty Corona 20° Double Sleeping Bag
- 1 Kelty Eclipse 20° Single Sleeping Bag
- 1 Columbia Yorkstone II 30° Double Sleeping Bag
- 1 ALPS Mountaineering Crescent Lake 20° Single Sleeping Bag
- 1 Kelty Cosmic 20°Single Sleeping Bag

#### Garden

- 800 square feet of garden area layout spread sheet
  - I setup a quite impulse sprinkler in the middle of the garden and hook up the hose to it for watering.
- Seeds from Victory Seed Company
  - I buy seeds each year so I have a two year supply. I haven't tried saving seeds yet but I might this next year.
- Earthquake Badger Tiller Briggs & Stratton 650
  - TODO (next): get a replacement tine set. One broke after tilling up big rocks when breaking ground for the first time. \$100~.
- 2 Nicholson Nicholson 10 In. Mill Bastard File to keep shovels, hedge shear, hoe & action hoe
- 1 Nicholson Plastic File Handles With Inserts
- 1 RIDGID Aluminum Scoop with D Handle
- 1 RIDGID Long Handle Digging Shovel
- 1 RIDGID Fiberglass Handle Square Point Transfer Shovel
- 1 Fiskars PowerGear® Hedge Shear used to trim back strawberry bushes
- 1 6 Cu. Ft. Wheelbarrow not the one linked to but close enough
- 1 RIDGID 16 Tine Take Fiberglass Handle
- 1 Bronco Garden Hoe
- 1 Vigoro Action Hoe
- 1 Vigoro 3 Tine Cultivator Fiberglass Handle
- 1 Hydrofarm Seedling Heat Mat 48" x 20" ~ 107W
- 1 Hydrofarm Electronic Temperature Controller for Heat Mat
- 2 years worth of fertilizer TODO: need to buy more or research composting. Tumbler But the Gardening When It Counts book says it doesn't work very well.
- 6 grape vines
  - o 2 white
  - 2 red
  - 2 purple
- 25' x 3' strawberry patch
- 4 raspberry bushes
  - o 2 white
  - 2 red
- 1 gooseberry
- 1 currant
- 2 4 ft grow lamps
- 100+ 3 inch seed starting plastic pots Tried to use the small seed starter packs but you have to upgrade to the larger pots for tomatoes anyways. I now just start with the larger 3.5 inch pots.
- 20 bags <u>Hoffman Seed Starter</u> 2 years of seed starting.
- 1 <u>Ludell double sided axe</u> Have not used it yet but it took an edge very well. Don't know how long it will keep it. The reason for the double sided is that you can sharpen both so you don't need

to bring a file with you in the woods.

- 2 Hand Trowel
- 1 bag of Garden Lime Have not needed to use it yet.
- 2 bags of <u>Bug Killer</u> Damn bugs. I had these little fly-bee looking things in the corn and those Japanese beetles on the pole beans. Everything else is not touched.

#### Food

- 11-12 months of <u>Storage Food</u> click to see the Google doc
  - I used the <u>totes</u> before I bought all the LDS food. Then I bought 30 extra #10 boxes from LDS and repackaged them with my loose #10 cans. I know have them stacked on 2x4's in the basement staggered 4 to a row.
- 4 <u>55 gallon water containers</u> Changed twice a year at DST.
- 1 25 foot Boat & Camper Water Hose
- 2 Hand bulb pumps
- 1 Wayne Portable Pump 1450 GPH, 1/2 HP, 3/4in., Model# PC4
  - We use this to change the water in our 55 gallon water containers.
  - This will also be used to procure water after out clean water is used up. We will put one of the 55 gallon water containers in the back of the truck on its side with the bung hole to fill on the top. We will backup to a lake and begin to pump until about full. When we arrive back home we will transfer the water to another container to await filtration.
- 1 Bung Wrench
- 1 5 gallon water container Changed twice a year at DST
- Big Berky Gravity Water Filter with 4 black ceramic filters
- Blendtec Electric Grain Mill TODO (next): buy The Country Living Grain Mill \$450
- Zojirushi Bread maker Crap! My wife has gone bread making happy. We have fresh bread almost every night. It is great to come home to that smell.
- Open Country Sportsman Kitchen 150 Watt Food Slicer
- 1 Lodge Logic Camp 12" Dutch Oven
- 1 Lodge Logic Camp 14" Dutch Oven
- 1 Lodge Camp Dutch Oven Lid Lifter
- 1 pair Camp Dutch Oven Gloves
- 1 Fireplace Ash Shovel
- Canning Supplies
  - Pressure Cooker
  - 48 pint jars
  - o 24 quart jars
  - 12 8oz jars
  - 2 years worth of lids
- 1 Excalibur Dehydrator 9-Tray Large-Excalibur with 26 hour Timer #3926T
  - o 1 Back To Basics Apple and Potato Peeler Used to process before dehydrating
- 1 FoodSaver Professional III Plus Vacuum Sealer
  - o 1 FoodSaver T03-0006-01 Regular Mouth Jar Sealer
  - 1 FoodSaver T03-0023-01 Wide Mouth Jar Sealer
- 300 LDS Oxygen Absorbers
- 250 LDS 1 gallon 7mil mylar bags
- 10 4lbs. Morton Salt boxes 40lbs.
- 4 1 gallon vinegar
- 2 80 pound bags of sugar
- 4 1 gallon bleach
- 4 Food shelves in basement Currently
- 8'x8' playhouse is planned to be used as a chicken coop or rabbit hutch if times get tough. We are leaning toward chickens.- TODO (next): run electricity for lights and heat \$30
- 2 years worth of multivitamins for the adults and kids
- 3 extra can opener
- 600 paper plates
- 500 paper cups

• 400 paper bowls

## Bug Out Checklist - Still haven't done a dry run...

- If there is time to bring items to the car. Use TV room for staging area. Pack whatever truck is available. Put all shoes on Blankies x4
  - Have girls get them and hold on them
- Purse
  - Put in staging area
- Keys & Cell Phone
  - o Put in staging area
- Take out the trucks third row seat Turn truck(s) around, back into garage Close the garage door Close the windows shades Ask kids if they have their shoes and blankies Cats x2
  - Put in cat carriers and put in staging area
- Dog x1
  - Locate her
- Guinea pig x1
  - Put cage in staging area
- Go upstairs Tactical vest and bullet proof vest
  - Put in green duffel bag on the gun safe
- Guns: AR-15 rifle, 22 rifle, Deer rifle, shotgun, Kel-Tec, Revolver, 22 handgun, Ruger LCP
  - Place AR-15 rifle in front seat of truck
- Bring green duffel bag to staging area Go upstairs Ammunition boxes
  - Bring to staging area
- Ask girls if they have their shoes and blankies Go upstairs Load black gun bag
  - o Family records / water proof bag in safe
  - o Money / Gold / Silver in safe
  - Bring black gun bag to staging area
- Go to basement Water jug blue 5 gallons
  - o Bring to staging area
- Backup batteries, solar panel, generator, 12volt lamps, electric heater & walkie-Talkies
  - Put in a blue tote or bring to staging area
- Coats & Boots
  - Put in a blue tote and put in staging area
- Seeds in freezer
  - Put in a blue tote
- Emergency radio
  - o Put in a blue tote
- Cat litter
  - Put in a blue tote
- Toilet paper x2
  - Put in a blue tote
- Laptop from main level
  - Put in staging area
- Leash
  - Put in a blue tote
- Batteries & Charger
  - o Put in a blue tote and put in staging area
- Cloths 3 days worth
  - o Put in a blue tote and put in staging area
- Load blue totes into truck(s) Load truck(s) with Survival food (people, dog, cat) and save room for animals and people Lockup house and arm the alarm system

## **Skills**

Making Bread - Beginner

- Have ground our own wheat and made around 25 loaves of bread so far.
- Gardening Intermediate
- Chemical Toilets TODO: No Skills
- Ham Radio TODO: No Skills
- Hand Guns Intermediate
  - Can keep it in the kill zone.
- Tactical Response Beginner/Intermediate
  - o TODO: planning on taking some courses. I have watched 5 DVDs on the subject.
  - I am in "Code Yellow" 95% of the time.
- Fire Starting Intermediate
  - o I know tons of way to make fire and tried a few of them.
  - I know how to make fires for cooking, warmth and longevity.
- Navigation Beginner
  - I know how to use my GPS ;-).
  - I have a compass but no topographical maps. They wouldn't help out much without the knowledge.
  - I have 2 copies of maps in our trucks. We have an extra one in case we have to leave notice of where we are.
- Hunting
  - o Rifle Beginner
    - I can shoot but have never hunted
  - Shotgun Beginner
    - I can shoot but have never hunted
  - Bow & Arrow Beginner
    - I have shot before and am pretty accurate but have never hunted
  - Sling Shot Intermediate
    - I have taken animals before
  - o Pellet Gun Intermediate
    - I have taken animals before
  - Snare Traps Intermediate
    - I have made them before but never used them
  - Dead Falls Beginner
    - Read about them and watched them be made on the TV. I think I could set them up if I had my books with me.
- Hand to Hand Fighting Intermediate
  - Karate 2 years
  - Boxing 6 moths
  - Mixed Martial Arts 6 months
  - In high school I could wrestle some of the heavy weights and hold my own. I never wrestled on the team but the coach would bug me every time he saw me.
- Knife Fighting Beginner
  - Watched DVDs on the subject
- Knife Sharping Intermediate
  - o I know how to sharpen everything I own. Knives, gardening tools and axes.
- Mechanical Intermediate
  - o I have worked on my vehicles since the age of 16.
- Carpentry Intermediate
  - I have built sheds, playhouses and interior rooms before.
- Plumbing Intermediate
- Rappelling TODO: No Skills
- Medical Intermediate
  - I have some knowledge beyond basic first aid
- Electrical Intermediate
  - I know and understand home electrical systems, solar and batteries
- Reloading TODO: No Skills
- Computers Hardware & Software Expert
  - I have been programming computers over a decade

- Blacksmith Beginner
  - I understand the principals and I have read and watched about it done but have never done
    it.
- Seamstress Beginner
  - o Could do it if I had to.
- Dog Trainer Intermediate
  - Worked for a company that raised pure bread German Shepherd's. Trained my own as personal protection dog.
- 4x4 Off Road Driving Beginner
  - I have read, watched and practiced on this topic. There is more to it than one would think.
- Lumber Jacking Beginner
  - Done enough to fall a tree and cut up for firewood.
- Food Preserving
  - Canning Beginner
    - Need more practice at this. We were only able to do a few jars last fall. Overcooked them.
  - o Drying Beginner
    - Understand the principals and know how to make a solar oven/dehydrator
    - Want to start with a dehydrator
  - o Salting TODO: No Skills
  - Root Cellar Beginner
    - We have a cold area in our basement.
- Candle Making Beginner
  - Seen it done on YouTube
- Raising Animals Beginner
  - o Read tons about it. Could do chicken or rabbits if needed
- Dentist Beginner
  - Have a book on it
- Water Purification Intermediate
  - o I know and used a few different methods

